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# Nevada Preventive Health and Health Services Block Grant: 2018-2019 Review

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Chronic Disease Prevention and Health Promotion Section

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Department of Health and Human Services  
Division of Public and Behavioral Health



# Overview

- **Timeline**

- October 1, 2018 to September 30, 2019

- **Funding Allocation for Nevada**

- \$657,751
  - \$60,382 federal mandate to Rape Prevention Program
  - \$597,369 Basic funding

- **Seven Objectives**

- CDPHP Infrastructure & Capacity, Community Health Workers, Diabetes, Heart Disease and Stroke, Increase Physical Activity in Adults & Youth, Raising a Healthier Generation, and Healthy Relationship Education

- **Public Hearing**



# CDPHP Infrastructure & Capacity

## Activity 1. Chronic Disease Capacity

- Between 10/2018 and 09/2019, the CDPHP Section will facilitate professional development training for internal staff through trainings on program planning and evaluation, care coordination, payment reform, Section orientation, cultural sensitivity, and the social determinants of health. In addition, the Section will increase awareness of CDPHP programs on the Nevada Wellness website.

## Activity 2. Public Health Accreditation Planning

- Between 10/2018 and 09/2019, the CDPHP Section will engage the local health authorities to identify and address health problems through a collaborative process of health improvement planning, identifying and implementing strategies to improve access to health care, maintaining and developing a competent public health workforce, implementing quality improvement processes, promoting and understanding evidence-based practices, and building up standards as set forth by the Public Health Accreditation Board.



# Community Health Workers

## **Activity 1. CHW Association**

- Between 10/2018 and 09/2019, the CDPHP Section will work in conjunction with community stakeholders and the Nevada CHW Association (NvCHWA) to ensure the NvCHWA is able to sustain operation and programming. The Association will assist with the promotion of CHWs as a workforce and further develop, promote, perform, and guide training opportunities, and increase membership involvement.

## **Activity 2. Community Health Worker Association Evaluation**

- Between 10/2018 and 09/2019, the CDPHP Section will work with the NvCHWA to support and enhance their data tracking and evaluation efforts, to aid the Association's capacity and organization.



# Diabetes

## **Activity 1. Establish a referral system from Clinical and Community Settings**

- Between 10/2018 and 09/2019, implement and EHR at SNHD and initiate a process to provide information and referral to available community resources for clients with prediabetes and diabetes.

## **Activity 2. Raise awareness about pre/diabetes and community resources**

- Between 10/2018 and 09/2019, implement a coordinated multi-component campaign to raise awareness of pre/diabetes and available resources in the community with a specific focus on high burden populations.



# Heart Disease and Stroke

## **Activity 1. Heart Disease and Stroke Prevention Access and Education**

- Between 10/2018 and 09/2019, facilitate infrastructure development to increase access to evidence-based hypertension and chronic disease self-management education programs. This will include implementing into clinics a strategy to increase referrals to hypertension and/or self-management education programs.

## **Activity 2. Heart Disease and Stroke Prevention Work Place Education**

- Between 10/2018 and 09/2019, the CDPHP will work in collaboration with the DPBH Worksite Wellness Committee to develop and promote informational/education campaigns and materials for DPBH employees related to hypertension prevention and awareness. Methods will be developed to pilot and implement AHA's Check. Change. Control Program.



# Increase Physical Activity in Adults and Youth

## Activity 1. Work into Wellness DPBH

- Between 10/2018 and 09/2019, the Worksite Wellness Program will promote engaging in physical activity and breaking up sedentary time at work with DPBH employees. Specifically, activities will include: 1) Creating promotion materials that encourage engaging in physical activity and breaking up sedentary time, and 2) Supporting and incentivizing DPBH worksite wellness initiatives (e.g. Challenges) that encourage enhancing employee health and wellness, including increasing physical activity and breaking up sedentary time.

## Activity 2. Increase physical activity through Community Bicycle Initiatives

- Between 10/2018 and 09/2019, the WCHD will 1) increase physical activity among adults by encouraging use of bike share bicycles in at least two (2) demographics less likely to use bike share, and 2) develop a prescription bike pilot program with community partners.



# Raising a Healthier Generation

## **Activity 1. Early Childhood Obesity Prevention Workgroup**

- Between 10/2018 and 09/2019, the CDPHP Obesity Program, in partnership with the Children's Advocacy Alliance (CAA), will maintain a statewide workgroup of various stakeholders within or affecting the early care network. The statewide workgroup will meet to discuss and implement objectives outlined in the Nevada Early Childhood Obesity Prevention State Plan (0-8 years).

## **Activity 2. Childhood Obesity Prevention Licensing & QRIS efforts**

- Between 10/2018 and 09/2019, the CDPHP Obesity Program, in partnership with CAA and the Early Childhood Obesity Prevention Workgroup will 1) Analyze the nutrition and PA policies and practices of NV Child Care Licensing, QRIS, Child Care Subside, State/Local Health Authorities and compare to national best practice standard (CFOC) in ECE settings, and 2) Convene agency representatives to identify opportunities and barriers to align and enhance NV ECE nutrition and PA standards.





# Raising a Healthier Generation Cont.

## Activity 3. Childhood Obesity Prevention Statewide Access Initiatives

- Between 10/2018 and 09/2019, the CDPHP Obesity Program, in partnership with the Children's Advocacy Alliance (CAA) and the Early Childhood Obesity Prevention Workgroup, will convene state and local health and regulations agencies to align policies and practices regarding food handling and food preparation and kitchens in ECE settings.



# Healthy Relationship Education

## **Activity 1. Provide Educational Workshops for professionals and advocates serving youth and young adults in NV**

- Between 10/2018 and 09/2019, the NCEDSV, in coordination with the DBPH, will conduct at least four (4) educational workshops for professionals and advocates working with teens and young adults, two (2) workshops of which must be targeted to professionals working in rural communities, to increase healthy relationship education and awareness of sexual violence and relationship abuse.

## **Activity 2. Provide Educational Workshops for professionals working with youth and young adult with disabilities**

- Between 10/2018 and 09/2019, the NCEDSV, in coordination with the DPBH, will conduct at least two (2) educational workshops for professionals and advocates working with teens and young adults living with intellectual and developmental disabilities, to increase healthy relationship education and awareness of sexual and relationship abuse.



# New Activity: Cancer Plan Development Support

## Objective and Key Activities:

- Between 7/2019 and 9/2019, the CDPHP Section will provide staff support and technical assistance to the Nevada Cancer Coalition to develop and conduct one (1) stakeholder survey to inform the creation of a new five-year cancer control plan.
  - Establish a steering committee to develop the stakeholder survey, strategic planning agendas, and materials related to the development the five-year cancer plan.
  - Conduct one stakeholder survey to inform the strategic planning process.

## Funding

- ~\$38,000
  - Funding from all buckets (excluding Healthy Relationships) and Administrative Costs bucket, due to salary savings from staff vacancies.



# Thank you!

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